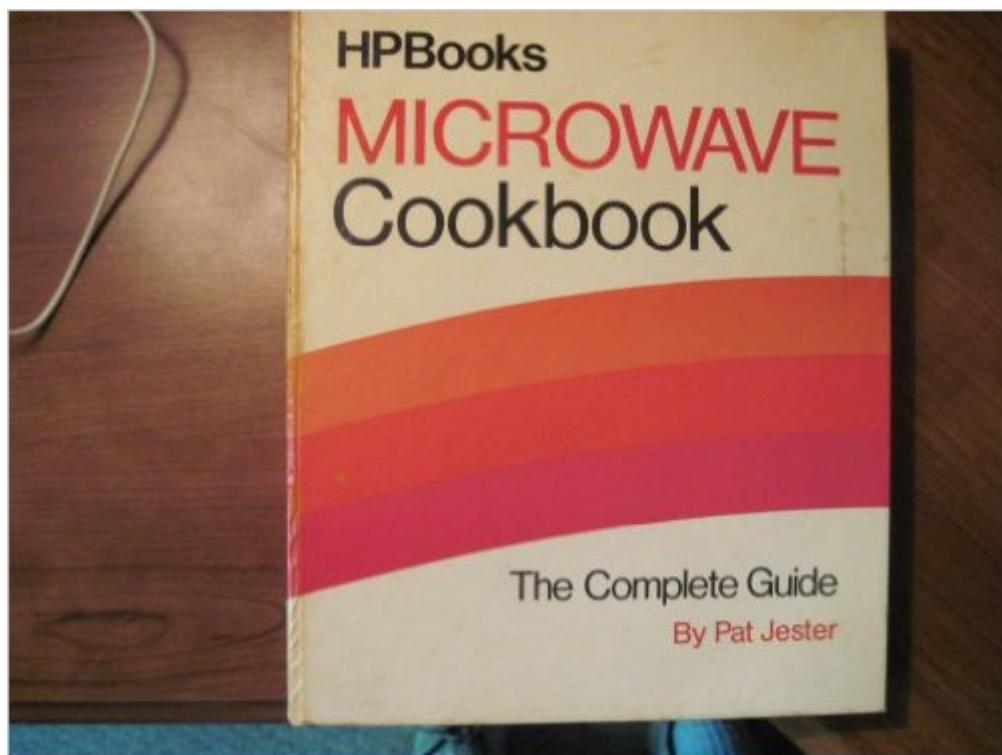


The book was found

Microwave Cookbook The Complete Guide (Hp Books)



Synopsis

Microwave Cookbook the Complete Guide, by Pat Jester (Author) Publisher: HP Books (1988) Hardcover, 5-ring Binder - allows pages to lie flat, helpful charts- 1983-4th printing, 534 pp., with Tabbed sections and Index. Very Good - Excellent condition, The text has no marks, tears, scuffs, pages are tight, clean. As pictured

Book Information

Hardcover

Publisher: HP Books (1988)

ASIN: B001NDT8UQ

Product Dimensions: 9 x 6.4 x 1.2 inches

Shipping Weight: 2 pounds

Average Customer Review: 5.0 out of 5 starsÂ [See all reviewsÂ \(2 customer reviews\)](#)

Best Sellers Rank: #890,743 in Books (See Top 100 in Books) #103 inÂ Books > Cookbooks, Food & Wine > Cooking Methods > Microwave Cooking

Customer Reviews

This is a very good basic microwave cookbook. There are select-a-size recipes--really nice for cooking for one. Very helpful chart clarifying the wattage of the various settings. What is meant by "high" or power level 10? She tells you what level settings translate into as wattage. This helps because different microwaves offer different wattage maximums. She explains how to adjust cook times if you have a different wattage from that used when writing the recipes. Since this book was written when microwaves were less powerful, the instructions enable me to continue to use the book even with a much more powerful machine. Lots of detail about using various utensils/cookware. I didn't need to use this book when I had a microwave with a sensor, but still referred to it for recipes and advice. Now that I temporarily have a non-sensor microwave, I've reverted to using this book again, especially for cooking vegetables. It enables me to get the same results as with a sensor! There are all the usual categories of recipes (including low-salt and low-calorie), plus chapters on defrosting, reheating, and menus. Note: A kitchen scale is a great help, as the recipes ingredients are sometimes in ounces (esp. veggies).

I've loved this cookbook since the '80's. When my daughters moved out they wanted to take my copy, so I fit them one of their own.

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